

AKYI MARTIAL ARTS

CLASS SCHEDULE

*UPDATED 2/15/2023

<u>MONDAY</u> <u>Forms/Poomsae</u>	<u>TUESDAY</u> <u>Forms/Poomsae</u>	<u>WEDNESDAY</u> <u>Technique</u>	<u>THURSDAY</u> <u>Technique/Sparring</u>	<u>FRIDAY</u> <u>Forms/Technique</u>
4:00 – 4:50	4:00 – 4:50	4:00 – 4:50	4:00 – 4:50	4:00 - 4:50
5:00 - 5:50	5:00 – 5:50	5:00 – 5:50	5:00 – 5:50	5:00 – 5:50
6:00 -6:50	6:00 – 6:50	6:00 – 6:50	6:00-7:30pm OLYMPIC SPARRING	

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1961 JOHNS DRIVE, GLENVIEW 60025

847-998-1111 WWW.AKYIMA.COM akyima360@gmail.com